

4. Using your sewing machine, top-stitch down centre length of pleats to secure in place.

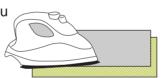


Materials required:

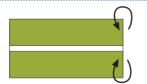
2 Pieces of Fabric 10cm x 34.5cm each 2 Peices Fusible interfacing 10cm x 34.5cm each Thread Sewing Machine Iron Pair of old shoes that need a revamp Fabric/ Craft Glue

Instructions:

 Iron interfacing onto the wrong side of the fabric you are using for pleated bows



Fold both long edges in to middle, wrong sides together, press



Flip over, measure 6.5 cm in and fold from left to right. Measure 1.5cm and fold from right toleft, measure 2.5cm and fold from left to right, measure 1.5cm and fold right to left. This is the first box pleat. Measure 2.5cm and begin folding as above, repeating twice more per fabric strip so you have a row of three pleats. Press flat with iron

2.5 cm



SIDE PROFILE:



Using your pair of shoes as a guide trimthe edges of your bow on a diagonal, allowing 0.5-1cm per side for folding under or gluing between shoe and sole.



6. Place pleated bow on toe of shoe and secure using a few dabs of fabric glue - not too mauch as you dont want it to spill out the sides! you can either tuck the edges uder and glue, of if you have to do repairs to the sole of the shoe you can wedge it in between the sole and main of the shoe and glue together. Repeat for other shoe - then you are done!